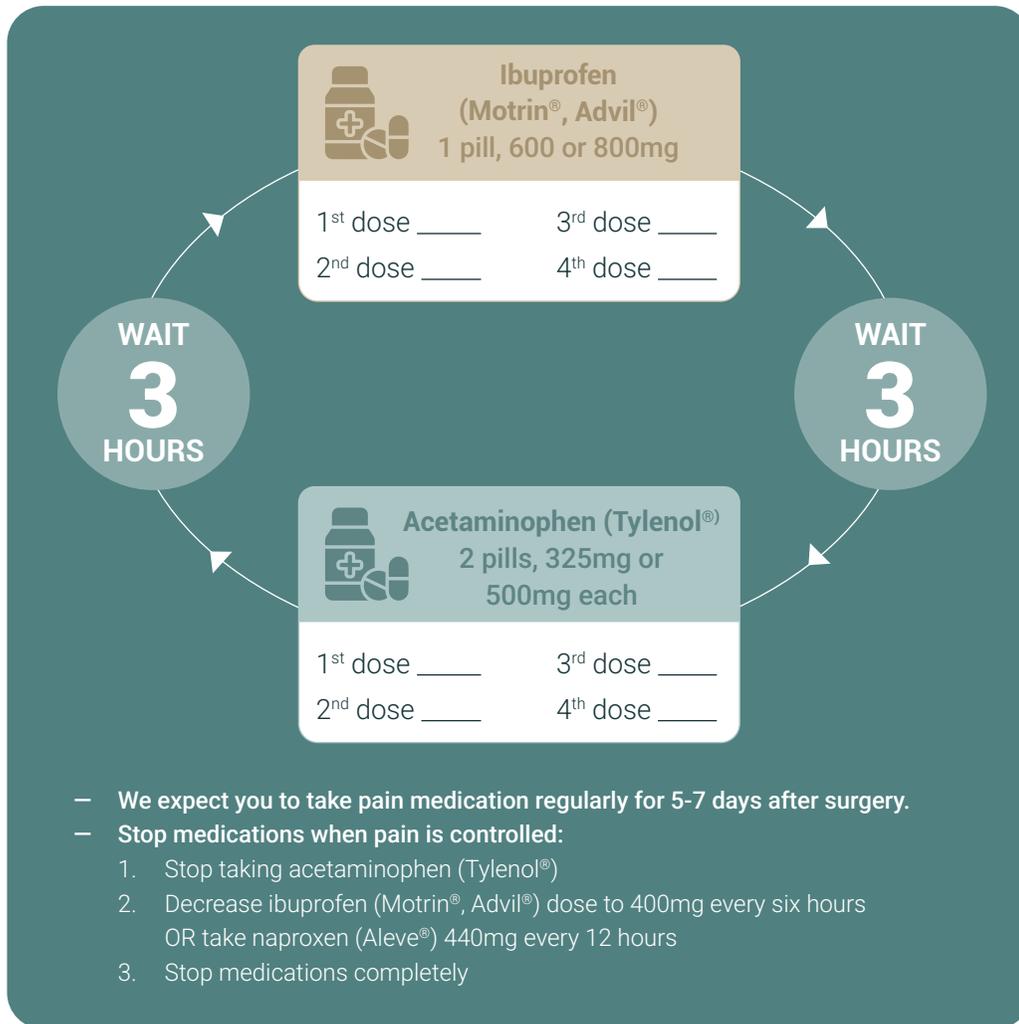


Ibuprofen
Most important
take every
6 HOURS

Tylenol
Use to
supplement
IBUPROFEN
if needed

**OXYCODONE/
HYDROCODONE**
only if needed
for severe pain

1. To best control your pain, take ibuprofen (**Motrin[®], Advil[®]**) every 6 hours.
2. Start taking ibuprofen (**Motrin[®], Advil[®]**) immediately following surgery.
3. Use acetaminophen (**Tylenol[®]**) in between doses of ibuprofen (**Motrin[®], Advil[®]**) if needed.
4. Only take **oxycodone/hydrocodone** for severe pain. We do not expect that you will need to take any **oxycodone/hydrocodone**.
5. Do not take more than **4000mg of Tylenol[®]** in a 24 hour period.



NOTES

Please check oxycodone/hydrocodone used for each day. **Total Rx'd:** _____ / **Used:** _____

1/2	1	1/2	1	1/2	1	1/2	1
1/2	2	1/2	2	1/2	2	1/2	2
1/2	3	1/2	3	1/2	3	1/2	3

Left over Oxycodone/hydrocodone pills? Get rid of them! Please get unused opioids out of your home. Find local dropbox here:

www.awarerx.pharmacy

Fact: 4 out of 5 heroin users started out misusing prescription painkillers.

WARNING
OXYCODONE/HYDROCODONE

SIDE EFFECTS INCLUDE:
Nausea, Vomiting, Constipation
Headache, Legal Impairment &
Risk of Addiction

If you need more pain relief than the routine shown on above, consider taking at anytime:

Recommended to start with 1/2 pill and only take more if needed.

**OXYCODONE/
HYDROCODONE**
5MG (1/2-1 PILL
EVERY 4-6 HRS.)