innova

Ibuprofen — Most important take every 6 HOURS

Tylenol — Use to supplement IBUPROFEN if needed

OXYCODONE/ HYDROCODONE — only if needed for severe pain

1. To best control your pain, take ibuprofen **(Motrin®, Advil®)** every 6 hours.
2. Start taking ibuprofen **(Motrin®, Advil®)** immediately following surgery.
3. Use acetaminophen **(Tylenol®)** in between doses of ibuprofen **(Motrin®, Advil®)** if needed.
4. Only take **oxycodone/hydrocodone** for severe pain. We do not expect that you will need to take any **oxycodone/hydrocodone**.
5. Do not take more than **4000mg of Tylenol®** in a 24 hour period.

Ibuprofen (Motrin®, Advil®) 1 pill, 600 or 800mg

1st dose _____ 3rd dose _____
2nd dose _____ 4th dose _____

WAIT 3 HOURS

Acetaminophen (Tylenol®) 2 pills, 325mg or 500mg each

1st dose _____ 3rd dose _____
2nd dose _____ 4th dose _____

WAIT 3 HOURS

- **We expect you to take pain medication regularly for 5-7 days after surgery.**
- **Stop medications when pain is controlled:**
  1. Stop taking acetaminophen (Tylenol®)
  2. Decrease ibuprofen (Motrin®, Advil®) dose to 400mg every six hours OR take naproxen (Aleve®) 440mg every 12 hours
  3. Stop medications completely

NOTES

_____
_____
_____
_____
_____
_____
_____
_____

Please check oxycodone/hydrocodone used for each day. **Total Rx'd:_____/Used:_____**

1/2 1	1/2 1	1/2 1	1/2 1
1/2 2	1/2 2	1/2 2	1/2 2
1/2 3	1/2 3	1/2 3	1/2 3

Left over Oxycodone/hydrocodone pills? Get of them! Please get unused opioids out of your home. Find local dropbox here:

www.awarerx.pharmacy

Fact: 4 out of 5 heroin users started out misusing prescription painkillers.

WARNING
OXYCODONE/HYDROCODONE

SIDE EFFECTS INCLUDE:
Nausea, Vomiting, Constipation Headache, Legal Impairment & Risk of Addiction

If you need more pain relief than the routine shown on above, consider taking at anytime:

Recommended to start with 1/2 pill and only take more if needed.

OXYCODONE/ HYDROCODONE 5MG (1/2-1 PILL EVERY 4-6 HRS.)

DISCLAIMER: The information provided regarding the drug regimen is for general informational purposes only. It is essential that you consult with your healthcare provider or doctor before starting, changing, or stopping any medication or drug regimen. Your primary case physician or doctor is the best person to assess your overall medical condition. Always follow the recommendations of your healthcare provider or doctor and contact them immediately if you have any concerns or questions related to your health or medications.

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